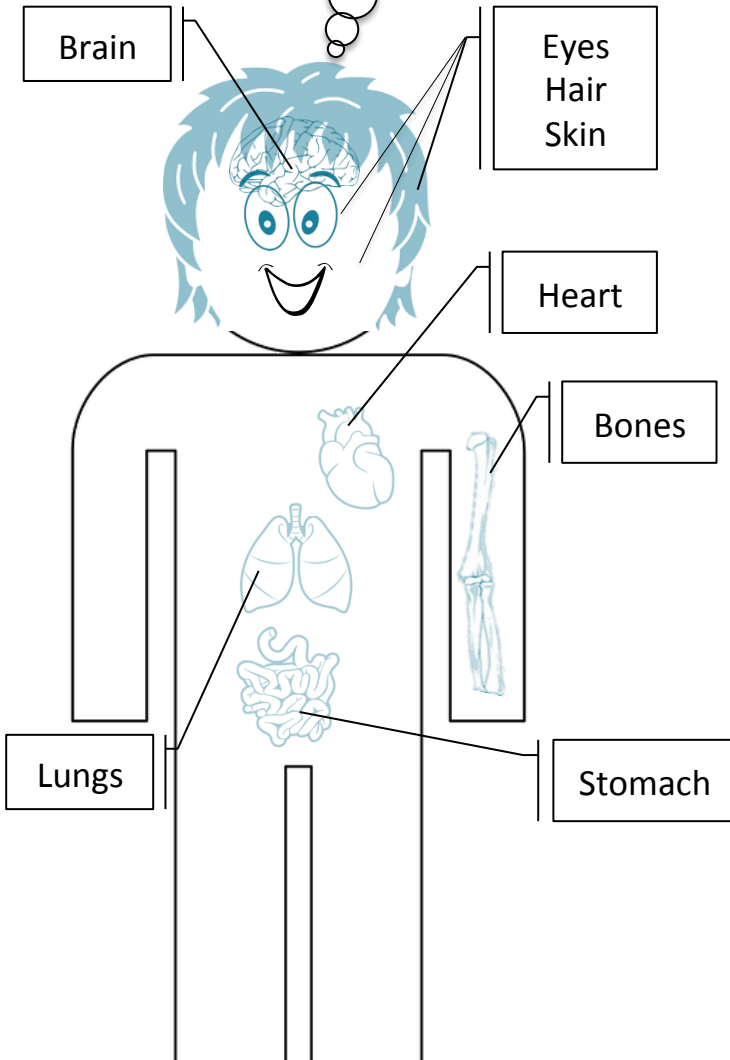


Name: _____




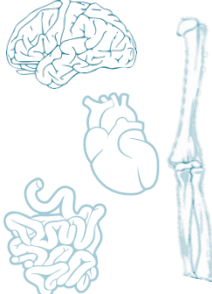
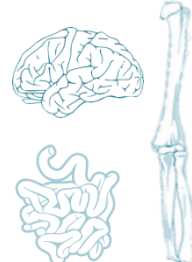
I can't even taste the greens!



Smart Smoothies

Choose foods that taste good
AND are good for your body

Build a *smart smoothie* by choosing ingredients from each color category.

	White	Yellow	Red	Purple	Green
					
TODAY	<input type="checkbox"/> Almond Milk <input type="checkbox"/> Coconut Water <input type="checkbox"/> Coconut <input type="checkbox"/> Oats	<input type="checkbox"/> Banana <input type="checkbox"/> Carrots <input type="checkbox"/> Cinnamon	<input type="checkbox"/> Juice Blend <input type="checkbox"/> Raspberries <input type="checkbox"/> Strawberries	<input type="checkbox"/> Blackberries <input type="checkbox"/> Blueberries	<input type="checkbox"/> Kale <input type="checkbox"/> Spinach
AT HOME	<input type="checkbox"/> Chia Seeds <input type="checkbox"/> Coconut Milk <input type="checkbox"/> Hemp Seeds	<input type="checkbox"/> Ginger <input type="checkbox"/> Mango <input type="checkbox"/> Oranges <input type="checkbox"/> Peaches <input type="checkbox"/> Pineapple <input type="checkbox"/> Turmeric	<input type="checkbox"/> Apples <input type="checkbox"/> Cranberries <input type="checkbox"/> Pomegranate <input type="checkbox"/> Red Pepper	<input type="checkbox"/> Grapes <input type="checkbox"/> Plum	<input type="checkbox"/> Beet Greens <input type="checkbox"/> Swiss Chard <input type="checkbox"/> Watercress <input type="checkbox"/> Avocado <input type="checkbox"/> Kiwi